



YOU ARE CORDIALLY INVITED TO ATTEND OUR UPCOMING SPECIAL SYMPOSIUM:

## **The Unspoken Pleasures of the Psychoanalyst and the Question: Why Are They Unspeakable?**

PRESENTED BY MICHAEL SHULMAN, PH.D.

WHEN:	<b>SUNDAY, FEBRUARY 12, 2012</b>
TIME:	9:00am to 12:00pm, followed by brunch
WHERE:	Home of Barbara Lurie, Ph.D., LMFT Delaire Country Club 4700 Cherry Laurel Lane Delray Beach, Fl 33445

### **PRESENTATION DESCRIPTION: (INSTRUCTIONAL LEVEL: INTERMEDIATE)**

Psychoanalysts' pleasure in our work is a vexed matter, one whose discussion has been very difficult in our history. We engage ourselves with our patients in a unique form of relationship: one that systematically cultivates a new type of human intimacy. The level of intimacy achieved is one otherwise available in the culture only within the context of familial, or interpersonal, love relationships, and was previously felt to be reserved exclusively for these domains.

A tradition has developed, originating in Freud, in which caution about the forces unleashed in the intimacy of the analytic process has led to a virtual non-discussion of the pleasures which can result for both participants in this process. The power of transference is the intense experience of the transfer of these forces from within the mind into a lived interpersonal arena. Freud in 1915, speaking both from caution and pleasurable excitement, likened the process of the analyst's invitation to the patient's transferences to working with dangerous chemicals, ones which could create both magical new substances, and life-endangering explosions.

The pleasures accompanying psychoanalysts' privileged intimacy with patients, and with the primal forces that move them and us, that are allowed daily in psychoanalytic work, can bring both shame and guilt to the psychoanalyst. They have even caused us to develop a habit of describing our work predominantly as painful (i.e. the analyst is a bearer or container for patients' "unbearable" pain), rather than as permissibly, and sometimes profoundly, pleasurable. Clearly the notion our work is predominantly dysphoric for most of us is mistaken if taken as a statement of fact -- though it may serve as a permissible social disguise for the analyst's pleasure.

I will explore these issues and the related matter: what are the reasons that we make a secret of the pleasurable nature of this work? Is such pleasure of necessity something that must be closely-guarded? If so, why? An initial taxonomy of analysts' pleasures in our work will be presented.

### **PRESENTER:**

**Michael Shulman, Ph.D.** is a psychoanalyst and psychologist in practice in Ann Arbor. A graduate of the Michigan Psychoanalytic Institute, he currently serves on its faculty as well as those of the University of Michigan's Psychiatry Department and Madonna University's Psychology Department. He has published in the Journal of the American Psychoanalytic Association, the International Journal of Psycho-Analysis, Psychoanalytic Inquiry and Professional Psychology: Research and Practice. Dr. Shulman is also current Co-Chair of the Committee on Psychoanalysis and Undergraduate Education of the American Psychoanalytic Association.

## OBJECTIVES:

After attending this intermediate-level program in full, participants will be able to:

1. Describe a history of difficulty psychoanalysts have had discussing and sharing the pleasures of the working psychoanalyst.
2. Identify controversies surrounding forms of pleasure experienced by psychoanalysts in their work.
3. Delineate an initial taxonomy of kinds of pleasures experienced by the psychoanalytic worker.

## REGISTRATION AND FEES:

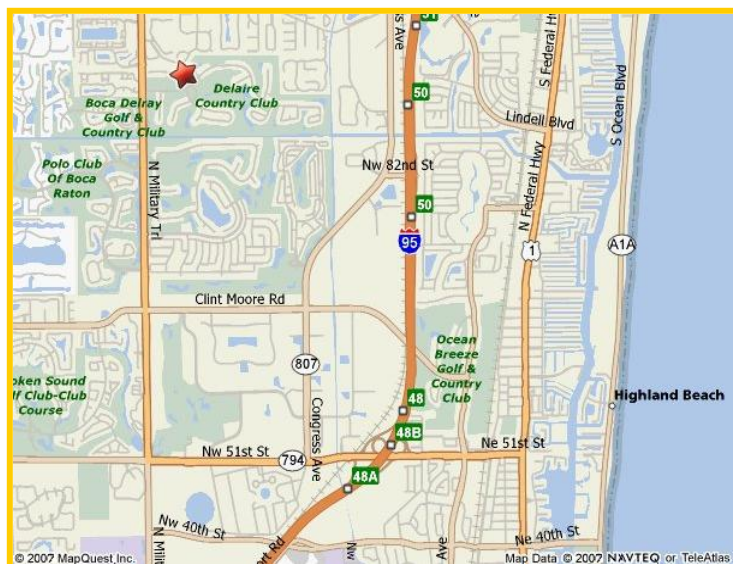
Registration begins at 8:45 AM. All registration will be handled at the door. (Checks are preferred over cash for payment). Please **RSVP by February 10, 2012** to our Administrator, **Cristina Virsida**, either by e-mail at [sefapp@gmail.com](mailto:sefapp@gmail.com) or by phone at 954-597-0820.

**FEES:** \$35.00 for current SEFAPP members; \$50 for non-members; FREE for current SEFAPP student members; \$10.00 for student non-members (current *student ID* required). Checks over cash preferred.

## LOCATION AND DIRECTIONS:

**NOTE: THIS EVENT IS IN DR. LURIE'S HOME, NOT AT THE COUNTRY CLUB.**

**DIRECTIONS:** From I-95 take the Linton Blvd. exit and head west for two miles. Turn left at Military Trail and continue south on Military Trail for approximately one mile until you reach Live Oak Boulevard. At Live Oak Boulevard, turn left into Delaire Country Club. After you pass through the gate, take your first left onto Cherry Laurel Lane. Follow road as it curves to the left. Dr. Lurie's house is the third one on the left.



## CONTINUING EDUCATION CREDITS:

SEFAPP is an approved continuing education provider by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (BAP #587 EXP. 3/2013). **This program, when attended in its entirety, is offered for 3 CE credits.** Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content. Division 39 is committed to accessibility and non-discrimination in its continuing education activities. SEFAPP and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to SEFAPP Board Member Marshall Fenster, Psy.D. at (561) 395-4422.

*The risks, utility and limitations of this treatment will be covered during the talk. The presenters are not receiving commercial support, nor representing any commercial interest or recommending any commercial product in relation to their presentation.*