



YOU ARE CORDIALLY INVITED TO ATTEND OUR UPCOMING SPECIAL SYMPOSIUM:

## **Psychiatrist, Psychoanalyst and Patient: How the Triangle Works**

PRESENTED BY LISA SCHULMAN, PH.D. AND  
BRUCE SALTZ, M.D.

*FOLLOWED BY*

### **The 2<sup>nd</sup> Annual SEFAPP Members Networking Brunch**

**WHEN:** SUNDAY, FEBRUARY 27, 2011  
**TIME:** 10:00AM to 12:00PM - Presentation  
12:00PM to 1:30PM - Networking Brunch  
**WHERE:** HOME OF DR. LINDA SHERBY  
3428 PINE HAVEN CIRCLE  
BOCA RATON, FL 33431  
PHONE: (561) 477-0533 \*  
*\*for day-of directions only*

#### **PRESENTATION DESCRIPTION: (INSTRUCTIONAL LEVEL: INTERMEDIATE)**

It is estimated that in the US alone, over 200,000 patients per month are involved in some form of "split therapy" between a psychotherapist and a psychiatrist. It is difficult to estimate the number of non - psychiatrist physicians who participate in similar associations. Pharmacotherapy and psychotherapy have additive value when combined in the treatment of a variety of conditions, and when provided by two separate professionals may be referred to as split therapy. Complex issues of transference and countertransference may develop among all three participants in this triangle. Awareness by the therapists of the more covert attitudes and feelings may benefit this form of treatment, while a lack of awareness can contribute to failure. Split treatment may raise concerns about ethical risks for patients and professionals who enter into it without adequate or appropriate safeguards and policies, particularly when the participants have little experience with each other, such as that which can be set up in managed care clinics and certain other types of agencies. State licensing, delegation of medical authority, financial relationships, and issues of competency are but just a few of the ethical issues that can be generated by the engagement of two professionals in treating such cases.

This program will explore some of the ethical and practical issues raised by two - provider (triad / triangular) treatment: the nature of psychotropic drug therapy when it is integrated with a psychotherapeutic process by two different providers. It is hoped that a forum for dialogue will be created between psychotherapists, psychiatrists, and other non psychiatrist prescribers about these important matters. This program offers two (2) Continuing Education credits, upon completion.

#### **PRESENTERS:**

**Lisa Schulman, Ph.D.** received her doctorate in Psychology from New York University and received her clinical training at The University of Miami School of Medicine/Jackson Memorial Hospital. She is an advanced candidate for the Certificate in Psychoanalysis from The Southeast Florida Institute for Psychoanalysis & Psychotherapy. A long-time member and Board Member of SEFAPP, Dr. Schulman has served as Education Chair and is now President-Elect. She is in private practice in North Palm Beach.

**Bruce Saltz, M.D.** founded Mental Health Advocates in 1992 and serves as its President, Owner and Medical Director. Based in Boca Raton, Florida, the MHA team provides clinical and research services in the fields of psychiatry and psychology. Dr. Saltz, who is board certified in Adult Psychiatry and Geriatric Psychiatry, and was previously on the Faculty at Albert Einstein College of Medicine in New York, and is now a Voluntary/ Affiliate Associate Professor of Psychiatry and Biomedical Science at Florida Atlantic University, and presently serves on the Board of Directors of SEFAPP. Dr. Saltz earned his Bachelor of Science in Psychology at Duke University and his Doctorate in Medicine at the University of Florida in Gainesville. Dr. Saltz is active in the fields of clinical psychiatry and psychopharmacologic research, funded by the extramural program at NIMH and the Pharmaceutical Industry.

#### OBJECTIVES:

After attending this intermediate-level program in full, participants will be able to,

1. Identify at least 3 ethical pitfalls of "split treatment".
2. Define the triadic therapeutic alliance and distinguish it from positive transference.
3. Identify at least one way in which prescription medication treatment can enhance the psychotherapeutic process.
4. Identify at least one way in which prescription medication treatment can interfere with the psychotherapeutic process.

#### REGISTRATION AND FEES:

Registration begins at 9:45 AM. All registration will be handled at the door. (Checks are preferred over cash for payment). Please RSVP by February 26<sup>th</sup>, 2011 to our Administrator, Cristina Virsida, either by e-mail at [sefapp@gmail.com](mailto:sefapp@gmail.com) or by phone at 954-597-0820.

**FEES:** \$35.00 for current SEFAPP members; \$50 for non-members; FREE for current SEFAPP student members; \$10.00 for student non-members (current *student ID required*). Checks over cash preferred.

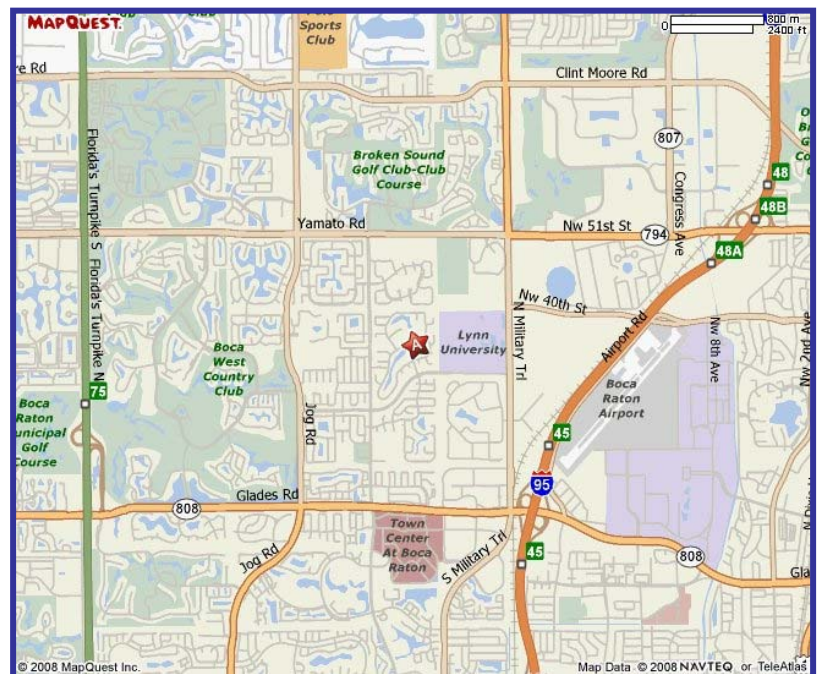
#### LOCATION AND DIRECTIONS:

3428 PINE HAVEN CIRCLE, BOCA RATON, FL 33431

From North or South, take I-95 to Glades Road. Proceed West to St. Andrews Blvd. Turn North (right). Turn right at Millpond Blvd. W/NW 34th St. which is the entrance to Millpond. At the stop sign (Pine Haven Circle) turn left. Go half way around the circle to #3428. The house is on the right.

#### CONTINUING EDUCATION CREDITS:

SEFAPP is an approved continuing education provider by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (BAP #587 EXP. 3/2012). This program, when attended in its entirety, is offered for 2 CE credits. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content. Division 39 is committed to accessibility and non-discrimination in its continuing education activities. SEFAPP and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to SEFAPP Board Member Lisa Schulman, Ph.D. at (561) 844-1050.



*The risks, utility and limitations of this treatment will be covered during the talk. The presenters are not receiving commercial support, nor representing any commercial interest or recommending any commercial product in relation to their presentation.*