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The Southeast Florida Association for Psychoanalytic Psychology (SEFAPP) is a local chapter of the Division of Psychoanalysis (39) of the American Psychological Association.

SEFAPP is a multi-disciplinary group dedicated to furthering the study and application of broad-based psychoanalysis, psychoanalytic psychotherapy and the methods of psychoanalytic inquiry through the sponsorship of conferences, symposia and workshops on clinical issues, theoretical papers and ongoing research by SEFAPP members and recognized experts in the field.

Members can attend SEFAPP Scientific Meetings, the Annual All-Day Conference, the Symposium Brunch Series and the film Study Series at reduced fees and post their professional news, events and classifieds for free on our online "Members Area". Members receive a free subscription to our quarterly newsletter, *Psyche & Sol* and have the opportunity to publish original articles. The new online searchable Membership Directory allows members a further resource for referrals and professional connections.

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CONTINUING EDUCATION CREDITS

SEFAPP is an approved continuing education provider by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy and Mental Health Counseling (BAP #587 EXP. 3/2011). This program, when attended in its entirety, is offered for 3 CE credits. Division 39 is approved by the American Psychological Association to sponsor continuing education for psychologists. Division 39 maintains responsibility for this program and its content. Division 39 is committed to accessibility and non-discrimination in its continuing education activities. SEFAPP and Division 39 are committed to conducting all activities in conformity with the American Psychological Association's Ethical Principles for Psychologists. Participants are asked to be aware of the need for privacy and confidentiality throughout the program. If participants have special needs, we will attempt to accommodate them. Please address questions, concerns and any complaints to Lisa Schulman, Ph.D. at (561) 844-1050.

A copy of the official registration and financial information may be obtained from the Division of Consumer Services by calling toll free within the state – (800) 435-7352.

The risks, utility and limitations of this treatment will be covered during the talk. The presenter is not receiving commercial support, nor representing any commercial interest or recommending any commercial product in relation to their presentation.

SEFAPP
101 Mint Hill Drive
Cary, NC 27519



A Chapter of the Division of Psychoanalysis (39)
of the American Psychological Association



ON TOUCHING AND BEING TOUCHED: SHAME AND TACT IN PSYCHOANALYSIS AND PSYCHOTHERAPY

By

BENJAMIN KILBORNE, PH.D.

DISCUSSANT: KATHLEEN KILBORNE, LICSW

SATURDAY, DECEMBER 4, 2010



On Touching and Being Touched: Shame and Tact in Psychoanalysis and Psychotherapy

Presenter: Benjamin Kilborne, Ph.D.
Saturday, December 4, 2010

Name: _____

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Non C.E. providing rate: \$35

SEFAPP Members : \$60

Non-SEFAPP Members : \$90

Student SEFAPP Members: **FREE** (EMAIL SEFAPP@GMAIL.COM TO REGISTER)

Student Non-Members: \$10 (with copy of student ID)

Memorial Healthcare System Employees: **FREE**

If you would like to join SEFAPP and register for the conference at the member's fee, please mark this box and add \$90 (\$30 for students with copy of ID) to your registration fee.

TOTAL ENCLOSED \$ _____ *

* Continental Breakfast included in fee.

Refund Policy – Refunds will be made upon written request until 12/04/2010. No refunds will be made after 12/04/2010.

THE PRESENTATION

INSTRUCTIONAL LEVEL: INTERMEDIATE

The presentation relates our concept of tact to touch, and to the human need to touch and be touched. Difficulties arise when touching needs are confused with sexual seduction. While obviously sexuality has much to do with touching, the ways in which touching has been inhibited in Protestant/puritanical societies contribute to sexual obsessions as defenses against the more primitive need to touch and be touched. Touching always entails shame, since it is felt by the body and entails a sense often perceived to be linked to vulnerability. I will show how our concept of tact draws upon experiences of touching and being touched, and how essential tact is for all therapeutic (and human) encounters of intimacy.

THE PRESENTER

Benjamin Kilborne, Ph.D., is a Training and Supervising Analyst at the Los Angeles Institute and Society for Psychoanalytic Studies, and a member of the International Psychoanalytical Association (IPA) and the American Psychoanalytic Association (APsya). Dr. Kilborne holds doctoral degrees from the Sorbonne (in Anthropology/Ethnopsychiatry), and from Southern California Psychoanalytic Institute (in Clinical Psychoanalysis). He is the author of *Disappearing Persons: Shame and Appearance* (2002, State Univ. of NY Press, Albany), as well as several other books, and of over fifty theoretical and clinical papers, covering a wide range of topics from dreams to culture, trauma, Ferenczian theory and, most importantly, shame and shame dynamics, published in English, French, Italian, German and Hungarian. Dr. Kilborne has been a member of the program committees of the IPA and the APsya, and has been chairing various APsya workshops on shame dynamics, shame and musical performance, and on psychoanalysis in the international community. Dr. Kilborne is in private practice in West Stockbridge, MA.

Discussant: Kathleen Kilborne, LICSW has written extensively on Sandor Ferenczi, whose ideas about trauma and the potential risks of therapeutic situations (and of unacknowledged compliance) have served as beacons in their clinical work. She has written on shame, the history and philosophy of the social sciences, hoarding, kindness, tact, and the nature of defense mechanisms, as well as on other subjects. At the present time they are at work on a book on trauma. Kathleen has two masters degrees and is a clinical social worker whose approach is imaginative, analytic, pragmatic and dynamic. She has worked extensively with families and couples, and brings to her profession an uncommonly keen grasp of family dynamics.

THE OBJECTIVES

After attending this program in full, participants will be able to:

- 1) Articulate the conceptual links between tact, touch, intimacy, vulnerability and identify at least two appropriate uses of touch in therapeutic encounters.
- 2) Identify and describe at least two negative clinical consequences from touch and at least two negative clinical consequences from failure to touch in therapeutic situations.
- 3) Recognize at least two aspects of the bodily experience of shame and identify at least two salutary physiological effects of touch.

THE SCHEDULE

8:30 a.m. – 9:00 a.m.	Registration and Continental Breakfast
9:00 a.m. – 9:15 a.m.	Welcome, Introduction and Announcements Marshall Fenster, Psy.D., SEFAPP President
9:15 a.m. – 10:30 a.m.	Part One: The Centrality of Shame Dynamics in Clinical Work
10:30 a.m. – 10:45 a.m.	Open Discussion
10:45 a.m. – 11:00 a.m.	Break
11:00 p.m. – 12:00 p.m.	Part Two: Trauma, Shame and Tact
12:00 p.m. – 12:30 p.m.	Open Discussion
12:30 – 12:45 p.m.	Complete Evaluations and Adjourn

THE LOCATION

Memorial Regional Hospital
Auditorium A, B, C & D
3501 Johnson Street, Hollywood, FL 33021
(954) 987-2000 s www.mhs.net

From I-95: Take the Hollywood Blvd. exit. Go west on Hollywood Blvd. .7 miles to N 35th Avenue. Make a right turn onto 35th Ave. Go .4 miles to Johnson St. Go half block past Johnson Street. The Hospital is on the left (west) side of the street.

Parking: Look for a canopy that reads: "Memorial Medical Office Centre, 1150 NW 35th Ave." Parking garages for visitors are on the north side of the hospital. To the Auditoriums: Enter using the main entrance of the hospital, across the street from the parking garages. Once in the hospital, walk straight ahead to the security desk for directions to the auditorium. Auditorium is around the corner to the right from the security desk.