

INTRODUCTION:

SEFIPP is dedicated to the advancement of psychoanalytic understanding of the mind and human behavior. Our focus is to offer deeper, broader, more effective and satisfying ways to work with individuals to understand the mind and to enable internal growth. Psychoanalytic psychotherapy helps unlock the reasons behind worries, anxieties, depression and interpersonal difficulties, going beyond symptoms to enable the achievement of lasting changes. In this spirit, SEFIPP is offering a program designed to enhance the knowledge, skills and effectiveness of clinicians in all mental health fields.

CONTINUING EDUCATION CREDITS

SEFIPP is approved by the American Psychological Association to sponsor continuing education for psychologists, for which this program carries thirty (30) CE credits per trimester when completed in full. SEFIPP maintains responsibility for the program. SEFIPP is a provider of continuing education units by the Agency for Health Care Administration of the Florida Board of Clinical Social Work, Marriage and Family Therapy, and Mental Health Counselors, Provider 50-1770.

LEARNING OBJECTIVES

For a list of specific learning objectives by trimester, visit www.SEFAPP.org and click on "Institute" at the top.

Upon completion of these courses and case conference seminars, participants will be able:

- 1) To understand psychoanalytic and psychodynamic psychotherapy theories and findings.
- 2) To have enhanced knowledge and skills in the practice of psychodynamic psychotherapy.
- 3) To have understanding of, and to be able to demonstrate the connections between theory and psychodynamic psychotherapy technique.

SEFIPP BOARD OF DIRECTORS

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THE SOUTHEAST FLORIDA INSTITUTE FOR
PSYCHOANALYSIS AND PSYCHOTHERAPY
(SEFIPP)

INTRODUCTION TO PSYCHOANALYTIC THINKING



Weekly Thursday Evening Sessions
September 2010 to May 2011
at

Imperial Point Medical Center
6401 N. Federal Highway
Fort Lauderdale, Florida 33308

- **Learn a comprehensive and contemporary approach to understanding patients**
- **Increase your skill at engaging patients in the treatment process**
- **Learn advanced methods for dealing with difficult treatment situations**
- **Enjoy stimulating discussion with colleagues**
- **Benefit from tactful, insightful interchange and supervision with highly trained professionals**

SEFIPP 2010 Registration Form

PROGRAM: INTRODUCTION TO PSYCHOANALYTIC THINKING

Name: _____

Address: _____

City: _____

State: _____ Zip: _____

E-mail: _____

Phone: _____

Discipline: _____ Degree: _____

- \$100 Registration Fee** (applied towards tuition)
- \$600 per Trimester Tuition Fee** (30 CEs/10 classes)*
OR
- \$1500 for all three Trimesters** (90 CEs/30 classes)*

Pay Online or make your check payable to "SEFIPP" and send it with this form to:

Cristina Virsida, SEFIPP Administrator
101 Mint Hill Drive
Cary, NC 27519

Registration Requirements and Procedures

The completed registration form **must be accompanied by a non-refundable \$100 registration fee. The registration fee will be credited towards tuition. Deadline for registration is 8/1/10.** Registrants will be notified of class dates and times no later than 8/10/10. Registrants may enroll in one, two or three trimesters.

***Convenient payment plans are available upon request. Please contact our offices for options and arrangements.**

Online payments are available at www.sefapp.org, click on "Institute" button at the top of the page.

Questions?

Call (954) 597-0820 or
email at sefipp@gmail.com.



EDUCATIONAL PROGRAM

The program consists of three 10-week trimesters of didactic seminars, one theoretical and one clinical. The classes are divided into two 1.5 hour segments, meeting weekly on Thursdays from 6:30 – 8:00 p.m. and 8:15 – 9:45 pm at Imperial Point Medical Center in Fort Lauderdale. The classes will begin in September 2010 and end in May 2011.

In addition, a 2 ½ hour clinical case conference/seminar is offered one weekend a month consisting of case discussion and group supervision. The clinical case conference will be informed by a range of viewpoints explored in the theory and technique portions of the course, highlighting the ways in which central psychodynamic factors influence the therapeutic process. Each student and supervisor contributes to the discussion from their own training and subjective experience, enriching the learning process.

Personal psychodynamic therapy or psychoanalysis is not required during the Introduction but is recommended.

These two-part courses constitute an introduction and overview of psychoanalytic psychotherapy and theories and techniques from Freud's seminal theories to contemporary theories. Classes are organized to introduce students to the variety of approaches in psychoanalysis today.

Part I A, B, C: Theories and models of the mind

Each trimester is devoted to theory as seen in the course descriptions.

Part II A, B, C Technique

Each of the Part I theory courses will be followed by a Part II course on the development of technique, relating and integrating the theoretical material. Among the clinical topics we will discuss and develop are: assessment, psychodynamic diagnosis, the therapeutic process, the setting, frame, listening process and the role of the therapist/analyst. We will focus on the application of concepts such as anonymity, neutrality, authority, interpretation, defenses, working through, aspects of the therapeutic relationship, self-disclosure, enactment, internalization, transference-countertransference, dissociation, and intersubjectivity.

Extensive clinical material will be presented by both instructor and participants.

FALL TRIMESTER: PART I A THEORY FREUD, EGO PSYCHOLOGY, LACAN, BEGINNING OBJECT RELATIONS

Description: Sigmund Freud established the foundation of psychoanalytic inquiry in the study of unconscious processes and structures and their essential contribution to human motivation and psychological conflict. Freud's evolving attempts to understand how the mind works led him to various theoretical perspectives on childhood trauma, pathology, dreams, infantile sexuality, psychological development, fantasy, conflict, unconscious processes and structures, internalization, narcissism, dual drive theory and a beginning object relations theory. This course examines Freud's seminal contributions as well as the elaborations and modifications by later ego psychological theorists and others. For instance, Lacan revised some major psychoanalytic ideas and contributed to the theory of narcissism, as well as to the understanding of human reality in his concepts of The Real, The Symbolic and The Imaginary. Later psychoanalytic developments emphasized the elaboration of Freud's structural model by stressing the importance of innate ego (cognitive processes), and the unconscious nature and the important role of defenses in both theory and treatment. These later theorists paved the way for a comprehensive psychology and various models of the mind, making for a more contemporary theory.

Part II A TECHNIQUE (as described in Column 1)

WINTER TRIMESTER: PART I B THEORY NORTH AMERICAN OBJECT RELATIONS, BRITISH OBJECT RELATIONS AND SELF PSYCHOLOGY

Description: Object relations theory attempts to understand both development and pathology from the perspective of the internalized representations of relationships with others, particularly early caretakers. These internalized representations, which are a combination of real and fantasized depictions of actual caretakers, are the lens through which the individual sees and anticipates his or her world. A variety of object relations theorists will be covered in this course, all of whom place different emphases on drive and on the role of the caretakers in both development and psychopathology. Their commonality, however, rests in the focus on internalized object relations - internal images of both self and other. Theories of self psychology, particularly with reference to narcissism, will also be addressed.

Part II B TECHNIQUE (as described in Column 1)

SPRING TRIMESTER: PART I C THEORY RELATIONAL AND BEYOND

Description: Relational Theory increases the emphasis on relationships in the external world, on the individual being a social creature whose self cannot be separated from his or her experience. Some relational theorists incorporate the importance of internal representations, while others place greater emphasis on the interpersonal, here-and-now situation. The impossibility of knowing an objective truth is basic to many relational theorists who stress the importance of subjectivity and intersubjectivity in both life experiences and in the consulting room, as exemplified in the relationship between the therapist and patient. This course will cover various relational theories from their inception to present day.

In this course, we will also cover the development of attachment theory, an important beginning point for relational theory, which has focused on empirical research and stresses the importance of a secure mother-child bond to promote healthy development and the capacity for mentalization. Advances in neuroscience as it applies to psychoanalytic theory will also be addressed.

Part II C TECHNIQUE (as described in Column 1)

FURTHER TRAINING

Although covering a great deal of material and providing much time for clinical supervision, this program of study is intended only as an introduction to the field of psychoanalytic psychotherapy and psychoanalysis.

Depending upon the needs and wishes of the participants, the full-year program may serve as the introductory first year for a two-year training program in psychoanalytic psychotherapy or a four-year training program in psychoanalysis.

The second year of a two-year training program will follow, more intensively, a similar syllabus to the first year, and will require further supervision and personal treatment.

The four-year program will require more commitment, more extensive training and clinical experience including clinical supervisory experience and a personal psychoanalysis. Contact SEFIPP via phone or email below for more information on the two- or four-year program.

