



**The Southeast Florida Association for Psychoanalytic Psychology in collaboration with the Department of Clinical and School Psychology in the College of Psychology at Nova Southeastern University Present:**

# **Oedipus for Everyone: Revitalizing the Model for LGBTQI Couples and Single Parent Families**

**Presented By: Shelley Nathans, Ph.D.**



**Saturday, January 7, 2023**

**Time: 9:00am—12:30pm ET**

Nova Southeastern University & Virtual ZOOM  
DeSantis Building Room 3000

**3.5 CE CREDITS AVAILABLE**

**FREE For Nova Southeastern University Students and Faculty**

The misguided application of Oedipal theory has led to the pathologizing of those with different gender identities or sexual preferences. Despite this harm, Oedipal dynamics are often viewed as a central organizing schema for understanding the dynamics of couples and families. In this paper, Dr. Nathans will revitalize Oedipal theory, divorcing it from its historical heterosexist bias, and highlighting its relevance for working with all couple and family relationships, including LGBTQI and single parent households. Rather than using classical Freudian Oedipal theory which situates Oedipus in the psycho sexual development of children, she will use a contemporary Kleinian/Bionian model to orient the discussion to the relevance of Oedipal issues when working with diverse couples and families. Problematic Oedipal dynamics are not always present, but when they dominate or underlie adult relationships, they can be stifling, destabilizing, and destructive. This perspective emphasizes the importance of considering Oedipal triadic structures when working with diverse couples and families. Three clinical vignettes will be presented to illustrate the application of Oedipal theory to a variety of different types of couples and families, highlighting how these ideas may be used to understand the relational dynamics and facilitate our clinical work.

## **LEARNING OBJECTIVES**

1. Participants will be able to describe and apply a contemporary view of Oedipal theory to LGBTQI couples.
2. Participants will be able to describe and apply a contemporary view of Oedipal theory to single parent families.
3. Participants will be able to describe how historical heterosexist bias in psychoanalysis has led to the misapplication of Oedipal theory and the pathologizing of non-heteronormative relationships.
4. Participants will understand how to apply Oedipal theory to facilitate clinical work within couples work and family cases.

**EARLY BIRD REGISTRATION ENDS 12/31/22**

<i>Membership Category</i>	<i>Early Bird Rate</i>	<i>Day of Event</i>
Professional Member	\$65	\$80
Non-Member	\$95	\$110
Student Members	Free	Free
Student Non-Member (Student ID required)	\$15	\$15
Nova Students & Faculty (Student ID required)	Free	Free

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